



## Kinesis Dance Parent Handbook 2021-2022

*A place to grow as a dancer, artist, human and friend!*

**Kinesis Dance**  
635D South Broadway  
Boulder, Colorado 80305  
(720) 515-6268  
[dance@kinesisdance.com](mailto:dance@kinesisdance.com)  
[www.kinesisdance.com](http://www.kinesisdance.com)

# Welcome!

We are thrilled to have your dancer joining us this season. We can't wait to inspire their love of dance! At Kinesis, your dancer will discover the magic of learning with teachers who nurture their progress and develop their artistic talents. Their confidence will soar as they learn, progress and grow as dancers and humans. Performing on stage will be the highlight of the year and is an experience they will treasure forever. Dancers at Kinesis Dance will flourish in small classes where they can build strong bonds with a teacher who gives them individual attention to ensure they are having fun and being successful.

Our owner is also a parent - we get it! Finding a place to trust your children are well cared for can be a big task! Being a family-owned studio allows us to share our passion for dance while creating a true sense of community. Welcome to our dance family - where you will see your child grow through the art of movement!

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## **What we offer at Kinesis Dance**

### **Engaging and exciting classes for all ages!**

Toddler Classes (18mo - 3y)	Intermediate/Advanced Teen Classes
Tiny Stars Program (2.5y - 3.5y)	Adult Classes
Mini Stars Program (3y - 5y)	School Day Off & Summer Camps
Kinder Stars Program (5y - 6y)	Birthday Parties
Sing, Dance, Play (3y - 6y)	...and more!
Youth Classes (7y - 12y)	

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## **Session Information & Tuition Policies**

- Classes will run August 23, 2021 through May 28, 2022. They will run continuously and be billed monthly. Families will be required to have a credit card securely on file with Kinesis Dance. This card will be charged for the first month of classes at the time of registration, and on the 1st of the month for every month after that.
- Registration is ongoing so your dancer can join class anytime throughout the year.
- If your dancer progresses to a new level throughout the year, there is no transfer charge to enroll them in the new level! Transfers can happen anytime before costumes are ordered for the December and Spring shows!

- Students may make-up a missed class in any class for their level if a class is missed. Please contact the office to schedule a make-up class.
- There are no make-ups or credits for missed camp days, including school day off camps and summer camps.
- Kinesis Dance does not offer refunds for any reason. In certain circumstances, a credit can be given at the discretion of ownership. Please email to discuss these options.
- If your dancer decides they would no longer like to take classes with us, you will need to email [dance@kinesisdance.com](mailto:dance@kinesisdance.com). Kinesis Dance will cancel automatic billing after two additional months. (60 day cancellation period)

## **Holiday Closures**

Kinesis Dance will post studio closures on our website at [www.KinesisDance.com](http://www.KinesisDance.com). This includes inclement weather alerts. We will make weather related announcements by 2pm.

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## **Partnerships & Locations**

- Our partnership with both the City of Boulder and City of Lafayette allow us to provide classes at area recreation centers as well as our state of the art private facility in Boulder, Colorado.
- If you have questions about where your dancers class is held, please email [dance@kinesisdance.com](mailto:dance@kinesisdance.com). We are currently offering classes at the following locations:
  - Table Mesa: 635 S. Broadway, Unit D in the Table Mesa Shopping Center
  - East Boulder Community Center: 5660 Sioux Drive, Boulder
  - Iris Studio: 3198 Broadway, Boulder
  - North Boulder Recreation Center: 3170 Broadway, Boulder
  - South Boulder Recreation Center: 1360 Gillaspe Dr., Boulder (Miss Elizabeth's Adult Ballet)
  - Bob Burger Recreation Center: 111 W Baseline Road, Lafayette
- Kinesis Dance is proud to partner with the PLAY Boulder Foundation and accepts PLAYpass funds for dance classes. Please email [dance@kinesisdance.com](mailto:dance@kinesisdance.com) to get registered with your PLAYpass funds!
- As a partner with the City of Boulder, Kinesis Dance will honor reduced fee rates granted by the City of Boulder Parks and Recreation department. Please email proof of reduced rate to [dance@kinesisdance.com](mailto:dance@kinesisdance.com).



## **Dress Code**

For all dance classes, long hair must be pulled back and off the neck in a ponytail, braid or bun. It is important that your dancer can see while they learn to twirl! We ask that all jewelry be left at home for dance class as it is unsafe and also we would be sad if anything special were to get lost! Please note that jeans and jean shorts are not appropriate for any form of dance.

## **Shoe Requirements**

**Ballet:** Pink or Black ballet slippers, tights are optional for class for Mini, Tiny & Kinder Star classes. Youth Ballet Level 1 & 2 require tights (no required color).

**Tap:** Tap shoes

**Contemporary:** dancers will be barefoot

**Jazz:** Jazz shoes

**Hip Hop:** a clean pair of sneakers dedicated to dance in.

Dancers in combo classes should have shoes for each style of dance in the combo class.

## **Clothing Requirements**

### **Toddler Classes, Tiny Stars, & Mini Stars Programs**

Dancers wear clothing that is comfortable and safe to move around in. This can include shorts, leggings, tank tops or t-shirts as well as any form of dancewear like leotards or dance dresses. Shoes are optional for this age, however many dancers find joy in their first pair of ballet slippers! Also, we encourage self expression at this age - so anything that is safe to dance in is welcome in class! (We love seeing your dancers' creativity and personality shine through their outfit choices!)

### **Kinder Stars Program (5y - 6y)**

Dancers wear dance clothing such as leotards with skirts or shorts, or a ballet dress (leotard with skirt attached). Boys or other children not comfortable in leotards may wear leggings and a tucked in fitted t-shirt or tank top. There is no required color for dance wear - feel free to have your dancer express themselves!

### **Acro Classes**

Dancers in Acrobatic Arts classes must wear tight fitting clothing and long hair is required to be in a bun. No jewelry of any kind is allowed in this class.

## **Youth Classes (7y - 12y)**

Dancers in our Youth Classes will wear dance attire for the style of class they attend.

**Ballet:** leotard with tights, a ballet skirt or dance shorts are optional.

**Jazz:** clothes that are easy to move in - leggings/shorts with a fitted tshirt/tank top or sports top.

**Tap:** Clothes that are easy to move in - leggings/shorts with a fitted tshirt/tank top or sports top.

**Contemporary:** Clothes that are easy to move in - leggings/shorts with a tshirt/tank top or sports top.

**Hip Hop:** Clothes that are easy to move in and clean sneakers dedicated to dance class.

## **Intermediate/Advanced Teen Classes:**

Please email [dance@kinesisdance.com](mailto:dance@kinesisdance.com) when registering to receive dress code information.

*Kinesis Dance sells leotards, ballet dresses and tights for young dancers at an affordable price! You can stop by our Table Mesa studio to see our selection of adorable dance outfits that your dancer will be excited to wear to class! Boulder Body Wear is the best place to purchase dance shoes and they offer dancers from Kinesis a 15% discount. (2850 Arapahoe Rd #104, Lafayette, CO 80026)*

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## **Performance Information**

Kinesis Dance is proud to offer two performance opportunities to our dancers, in the Winter and Spring! Dates are being finalized and will be announced once confirmed!

- All students enrolled in the Tiny Stars, Mini Stars, Kinder Stars and Youth program are invited to participate.
- There will be concert & costume fees due to participate in the show. Discounts do not apply to these fees as they go directly to the cost of purchasing costumes, theatre rentals and faculty time.
- There will be a mandatory dress rehearsal before the show so dancers can practice on the stage and have the best chance for success at the show. During dress rehearsal, each class will have approximately 10-15 minutes on stage.
- Performance participation is a joyful commitment for dancers! Dances are choreographed for the number of students in the class and involve partnering and formation changes. If, for any reason, your child will not be participating, the teacher must know as soon as possible to make the necessary adjustments.

# Etiquette

## Student Etiquette

- We ask that dancers wait quietly outside the dance room before class begins - please do not allow them to enter the studios without an instructor present.
- Please try your best to be on time - we understand that life happens however consistent tardiness is disruptive to the other students in class.
- Regular attendance is important to the success of the classroom.
- If your dancer is going to miss class, please email or call the office to let us know!
- Dancers must be respectful and listen to the dance teacher at all times.
- Please inform your dancer's teacher of any injury or illness prior to class.

## Parent Etiquette

- Please help us keep the halls a reasonably quiet environment so dancers won't be distracted.
- Make sure you can receive emails from [kinesisdance@thestudiodirector.biz](mailto:kinesisdance@thestudiodirector.biz) and [dance@kinesisdance.com](mailto:dance@kinesisdance.com). Note that we cannot receive emails to the address @thestudiodirector.biz but that is the address our registration system uses to send outgoing emails. Please reply to [dance@kinesisdance.com](mailto:dance@kinesisdance.com).
- It is important to read any emails from us as they will contain important (and often fun!) information.
- Please do not bring your dancer to class if they are sick or if they have recently had contact with a known positive case of COVID-19.
- We offer a variety of options to make-up missed classes.
- Parents at no time are allowed to enter the dance studio and interrupt class.
  - Parent disruptions are distracting to all the dancers in class.
- Parents must supply their dancer with necessary dancewear and required shoes.
- No unattended children should be left at the studio.
  - We are not responsible for children left unattended.
- If any parent/guardian/designated pick up person is running late picking up a dancer please call the studio at (720) 515-6268
- No food or drink is allowed in the dance studio.
  - Dressing rooms at the Table Mesa location are currently closed to Kinesis Dance Company members only.
- Please send your dancer with a refillable water bottle.



## **Liability Policy**

Kinesis Dance is not responsible for any personal injury sustained by the student in the studio or on the building's premises as a result of the student's participation in class, rehearsal, or performance. Parent/guardian assumes all risks associated with participation in the activity including, but not limited to falls, contact with other participants, the effects of the weather, traffic, and other reasonable risk conditions associated with the activity. A copy of the full waiver text can be found at [www.kinesisdance.com/waiver](http://www.kinesisdance.com/waiver)

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## **COVID-19 Procedures**

Kinesis Dance continues to keep the health and safety of your family as a top priority. We will closely monitor the state and local regulations and recommendations as they evolve throughout the coming months. *As of August 11, 2021 all dancers in the preschool & youth dance program and their teachers are required to be masked at all times in the buildings, except when drinking water or eating a snack, regardless of vaccination status. This is in accordance with PHO 2021-07 from Boulder County Public Health.* Our state-of-the-art Table Mesa facility has brand new ventilation systems and is deep cleaned weekly. All studios are sanitized between classes. If you have any questions or concerns about our COVID-19 procedures please email our COVID Coordinator at [carly@kinesisdance.com](mailto:carly@kinesisdance.com).

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## **Photo Release**

Students may be photographed during Kinesis Dance classes, camps, and/or performances. These photographs, which will be owned by Kinesis Dance, may appear in Kinesis Dance promotional material unless otherwise specified by the parent/guardian. No child whose photograph is used will be identified by name. No compensation will be extended for such use. If you do not want your child photographed, please let us know at [dance@kinesisdance.com](mailto:dance@kinesisdance.com)

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## **Birthday Parties**

Host your dancers' special day at Kinesis! We offer exciting birthday party packages with dance classes, arts & crafts and a wonderful space for enjoying cake! More information can be found online at [www.kinesisdance.com/birthdays](http://www.kinesisdance.com/birthdays) We go out of our way to ensure that your child has the best birthday party and a great experience, creating memories they will cherish forever! We can't wait to celebrate with you!

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**We look forward to another wonderful season of dancing at Kinesis Dance and are excited to have you in our dance family! If you ever have any questions please feel free to contact us at [dance@kinesisdance.com](mailto:dance@kinesisdance.com) or (720) 515-6268.**

*Dear dance community,*

*I am so excited for this new year of dancing. We strive for Kinesis to be a community space and it is important to me that every family who dances with us is happy. Thank you for trusting your young dancers with us at Kinesis. I look forward to meeting each of you as the year progresses.*

*Happy Dancing!  
Cynthia Burdine*

